

INDOOR AIR QUALITY MODELLING ON UNIVERSITY BUILDINGS IN TABASCO, MEXICO

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ABSTRACT

Indoor air quality in academic areas has become of vital importance in high educational institutions worldwide. This is very important since students spend a substantial time in such common areas. The current objective of this investigation was to evaluate the air pollutant levels in two common areas (coffee shop and library) at the Juárez Autonomous University of Tabasco, Mexico. The study consisted in monitoring carbon monoxide (CO) and particulate material (PM₁₀) concentration regarding the carbon dioxide (CO₂), temperature (T) and relative humidity (RH). From the indoor air measurements, lineal regression models were also obtained to explain the CO₂, CO and PM₁₀ behaviour as a function of the temperature and relative humidity. The hourly average of PM₁₀, CO and CO₂ were computed to evaluate the air quality and indoor comfort level based on EPA, WHO and ASHRAE (the American Society of Heating, Refrigerating and Air-Conditioning Engineers) regulations. At the coffee shop, the CO concentration levels were found to be exceeded according to the air quality standards established by WHO. For both library and coffee shop, the mean hourly values of CO₂ and temperature exceeded the maximum values recommended by ASHRAE as comfort levels. Concerning the relative humidity in the library, values of 60 % were recorded exceeding the maximum levels established by ASHRAE. Finally, the current results revealed that temperature and relative humidity played an important role for bacteria growth, indicating its presence for indoor ambient spaces, under similar ambient conditions.

Keywords: indoor air quality, atmospheric pollution, lineal regression models.

1 INTRODUCTION

In the last three decades the public has become more aware of indoor air pollution worldwide. In this context, it has become an important public health issue since most urban population spend more than 80 % of their time indoors [1]–[4]. Field studies of human exposure to air pollutants indicate that indoor air levels of many pollutants may be two to five times, and, occasionally, more than one hundred times higher than outdoor levels [5]–[7]. The main factors affecting air quality in enclosed environments can be described as: 1) inadequate ventilation due to insufficient clean air supply, high recirculation levels, poor air distribution by a ventilation system, lack of maintenance or incorrect design of the filter systems and, either extreme or fluctuating climate conditions; 2) contaminants from indoor sources like combustion gases releasing inorganic gaseous pollutants, formaldehyde, suspended particulates and other toxic chemicals (i.e., pesticides, tobacco and cleaning products); 3) contaminants from outdoor sources like combustion gases generated by vehicles and industrial processes, asphalt used in construction works and maintenance, among others [8]. At this point, it is worth mentioning that the particulate material has also been recognized as a significant health problem.

In this context, the World Health Organization has described “The Sick Building Syndrome” (SBS) as an excessive repetition of one or more syndromes to those people inside a workplace [9]. The symptoms associated to SBS can be moderate and affect the eyes, nose, throat, head and skin. The type and affectation of the symptoms vary depending on the environmental factors as well as the patient, sex and atopy. Research works on SBS have shown that physiologic and psychologic factors of the people are closely related to relative



humidity and temperature perception capability, except for indoor concentration changes of aerosols. However, indoor air quality in enclosed spaces is known to be strongly influenced by indoor sources (i.e. fry, roast, toast, and smoke), the use of oven, candles and heating systems could also increase the concentration levels of submicron particles up to five times; while $PM_{2.5}$ may reach up to 3, 30 and 90 times higher than those found for tobacco, frying and roasting grill, respectively [10].

Common areas, like university libraries and coffee shops, are buildings with unique characteristics. In developing countries, the most important air quality indoor source of carbon monoxide exposition are emissions from oven devices, fuel-biomass burning and tobacco smoke [11]. Carbon monoxide is known to be a relatively non-reactive gas at ambient conditions that cannot be absorbed by construction materials or filters from the ventilation systems [12]. The library, on the other hand, is an enclosed space with reduced ventilation favouring the carbon dioxide build-up. Moreover, employees remaining in this type of enclosures for long periods of time have demonstrated a very strong correlation between high concentration of air pollutants (i.e., CO_2 , MP and VOCs) and associated symptoms of SBS to library users [13]–[15]. Consequently, indoor air quality in restaurants and libraries has become of vital importance in high educational institutions since students spend a substantial time in both places. Unfortunately, both students and teacher's schools are not aware of the presence of indoor air pollutants. In this respect, few studies have been performed to characterize and compare the indoor levels of atmospheric contaminants.

In order to better understand the relationship between indoor air quality and health effects to the student population within the university buildings, the air quality was quantified by relating the CO , PM_{10} and comfort levels regarding the CO_2 , temperature and relative humidity. In this context, lineal regression models were obtained to explain the CO_2 , CO and PM_{10} behaviour as a function of the indoor temperature and relative humidity.

2 MATERIALS AND METHODS

2.1 Area of study

The current study was undertaken at the “Universidad Juárez Autónoma de Tabasco” (UJAT) – “División Académica de Ciencias Biológicas” (DACBiol) which is located at Tabasco, Mexico. In this area, the weather is humid-warm with heavy rainfall in summer, annual average temperature of $33.6^{\circ}C$, maximum average temperature of $40^{\circ}C$ in May, and minimum average temperature of $21.7^{\circ}C$ during December and January. The annual pluvial precipitation is about 2237 mm, with predominant winds at the north-east direction and frequent rain periods in October and March (Fig. 1).

2.2 Data survey

The data monitoring was carried out for two common indoor locations at the DACBiol: library and coffee shop. The sampling period took place from the 7th to 18th November 2016, each place was monitored for a week (Monday to Friday) at three different times (8:00-10:00 h; 12:00-14:00 h and 16:00-18:00 h). Concentrations of air pollutants (PM_{10} , CO and CO_2) were measured with two particle counters Blue-DT9880 (ISO 21501) and two portable analyzers model EVM-07.

Indoor temperature (T) and relative humidity (RH) were also measured at the monitoring intervals of 1 minute.



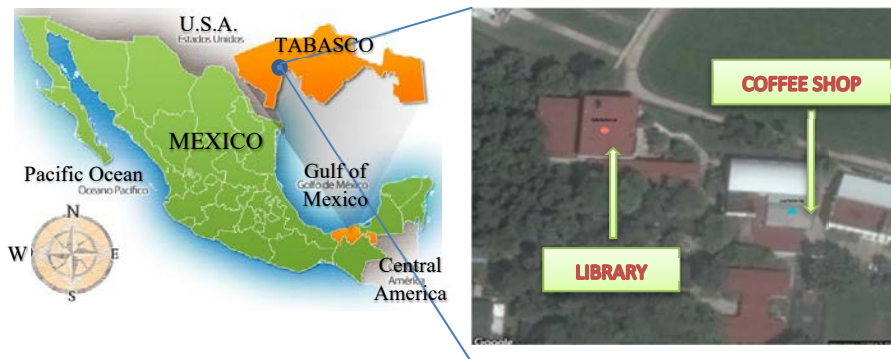


Figure 1: Area of study at the university facility (UJAT-DACBiol).

The particle counter Blue-DT9880 is based on the determination of particle size distribution via light scattering, having continuous counting for particulate material in the range of 0.3–0.5 μm , 0.5–1 μm , 1–2.5 μm , 2.5–5 μm , 5–10 μm and > 10 μm , operating at 2.83 l/min. In order to avoid overloading the optical system and extend the useful life of the instruments, the pump was turned on during 1 min within each period of 2 min and during 1 h in each monitoring test. Good statistical data resulted for the two particle counters. Counter 1 was placed next to the EVM-07 equipment near the entrance, while counter 2 was placed in the middle of the ambient indoor space.

2.3 Statistical analysis

The initial measurements of the various indoor ambient parameters were registered on a database. Thereafter, a number of average air pollutant concentrations were estimated at 5 min, 10 min, 15 min, 20 min, 30 min and 1 h. The hourly average of PM₁₀ and CO were used to evaluate the air quality based on EPA and WHO regulations. The hourly average of CO₂ was employed to evaluate the indoor comfort level by using the ASHRAE, EPA and WHO criteria. Likewise, the correlation of the indoor air pollutants with temperature and relative humidity was analyzed.

The average values, with $\Delta t \leq 30$ min, were employed to analyze the average time which, in turn, gives the maximum correlation and adjust either lineal regression models or best probability distribution of the CO₂, CO and PM₁₀ concentrations. The statistical test of Kolmogorov-Smirnov was found to be the best fit for the type of distribution with respect to the current data [16]. The particle number data registered with the Blue-DT9880 equipment and the PM₁₀ recorded with the EVM-07 analyzer were used to calibrate a lineal regression model (equation 1). Such a model was obtained to predict the PM₁₀ concentration from the sampling of the particle number. The model performance was assessed by the crossed validation technic (CVT) with $k=10$ groups and $r=10$ repetitions. This technic consisted in dividing randomly the data of two groups: a) with 80% of the original data (training group, TG1) and, b) with the remaining 20% (test group, TG2). El TG1 was used to validate the model. As an error measure of the model performance at this stage, the root mean square error (RMSE, equation 2) and their corresponding average values were estimated for each repetition in the CVT. Therefore, the model was created to predict the PM₁₀ concentration and compared to the observed values of the TG2. At this stage, it is worth mentioning that the statistical analysis was performed with the R programme.

$$y = \beta_o + \beta_1x + \varepsilon , \tag{1}$$

$$RMSE = \sqrt{\frac{1}{n} \sum_{i=1}^n (\hat{y}_i - y_i)^2} . \tag{2}$$

3 RESULTS AND DISCUSSION

3.1 Air quality

The hourly concentration of CO and PM₁₀ recorded in the library and coffee shop is shown in Fig. 2. The CO concentration varied from 2 to 51 ppm and 0 to 6 ppm in the coffee shop and library, respectively. The PM₁₀ concentration ranged from 13 to 412 µg/m³ in the coffee shop and 10 to 47 µg/m³ at the library.

From these results, the indoor air quality was found to be poor in the coffee shop for the CO and PM₁₀ concentrations according to the maximum permissible levels (MPL) established elsewhere [12]. The coffee shop area is a crowded place where the cooking activities affect the air quality negatively. This area is usually enclosed but equipped with air conditioning, however, the mixing conditions were not homogeneous. A poor indoor air quality was obtained at the coffee shop, up to 10 times baseline, when preparing the food service [17], [18].

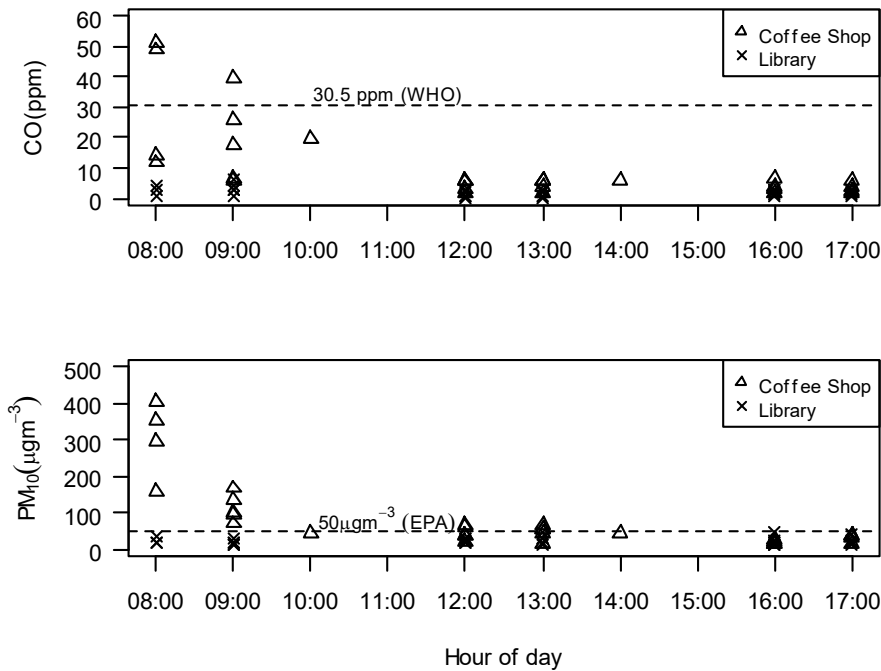


Figure 2: Hourly concentrations of CO and PM₁₀.



Furthermore, it was observed that PM_{10} concentration increased between 2 and 8 times when operating an internal source in both places. However, no significant effects were seen while using any external source.

Fig. 3 shows the hourly concentration of CO_2 for both buildings, while the mean hourly concentrations as a function of indoor temperature and relative humidity can be appreciated in Fig. 4. In this context, the CO_2 concentrations were measured between 1066 and 2935 ppm in the coffee shop; whilst the library ranged between 967 and 2,322 ppm. For the temperature values, the coffee shop was found to be in the range of 25.3 and 29.7°C, while the library recorded between 24.8 and 26.7°C. For relative humidity, values of 51–62% and 55.4–69.0% were found at the coffee shop and library, respectively.

In relation with the comfort parameters, three main aspects contributed most to the changing CO_2 levels in the studied buildings: 1) variable occupation, 2) population growth and 3) insufficient fresh air supply [19], [20]. Relative humidity was found to be in optimum range according to Gallo [21]. From this work, it was also showed that 60–90% RH can lead to spores formation and cause documents alterations, favouring bacteria growth. In addition, aero-bacteria can be easily developed at temperatures between 25 and 38°C [22]. Under similar ambient conditions, the current results revealed that temperature and relative humidity played an important role for bacteria growth, indicating its presence for indoor ambient enclosures.

For the main indoor air pollutants (CO_2 , CO and PM_{10}) considered in the current work, the highest concentration tendency was observed in the library during the morning and the lowest for the afternoon. In this respect, CO and PM_{10} concentrations were seen to remain steady during the morning; nevertheless, an increase of CO_2 concentration was observed from the morning hours to the afternoon.

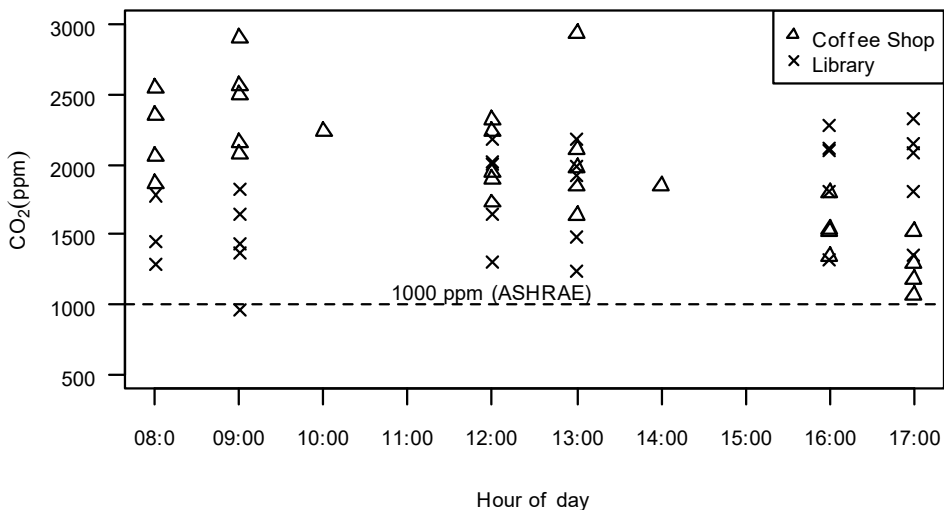


Figure 3: Hourly concentration of CO_2 .

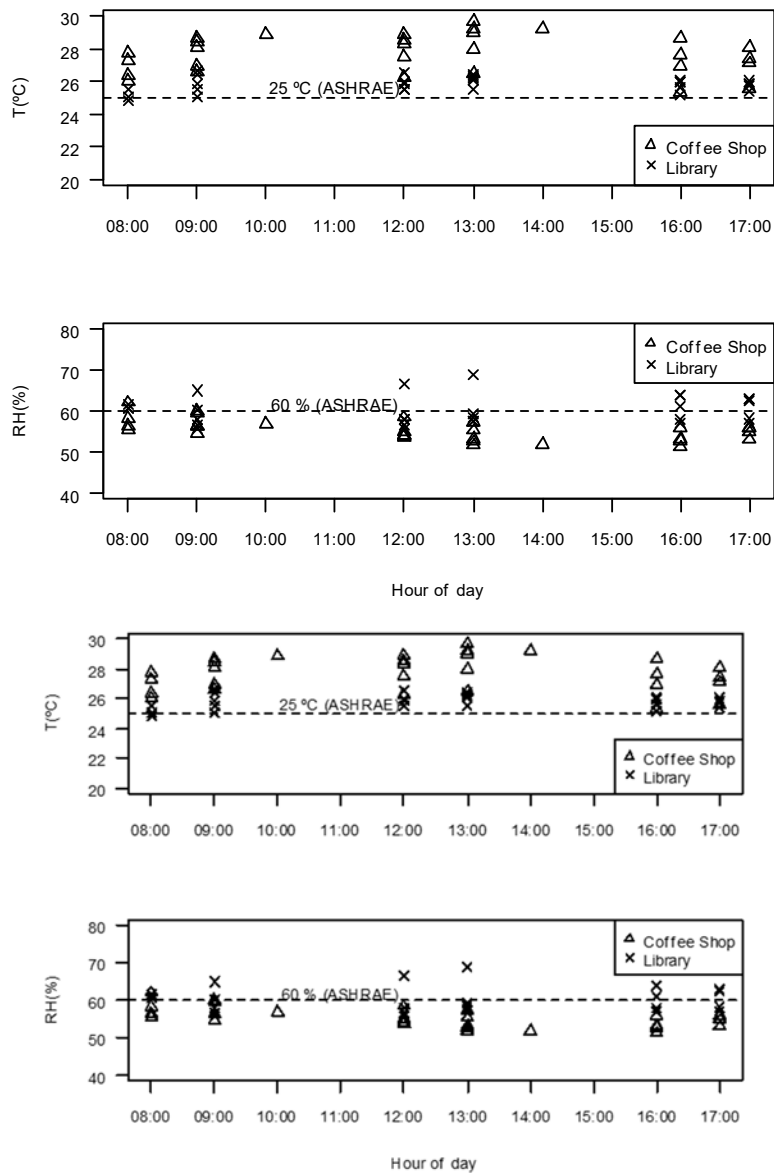


Figure 4: Hourly behaviour of temperature (T) and relative humidity (RH).

Table 1 shows the correlation coefficients of Pearson and Spearman for the hourly level of the three indoor air pollutants and their behaviour with respect to temperature and relative humidity. For the studied air pollutants and relative humidity values, the only significant correlation was found to be in the coffee shop. However, the fitted regression models only explained up to 55% of the observed variability for the CO data, 29% for the CO₂ data and 13% for the PM₁₀.

Table 1: Correlation coefficients of hourly mean values.

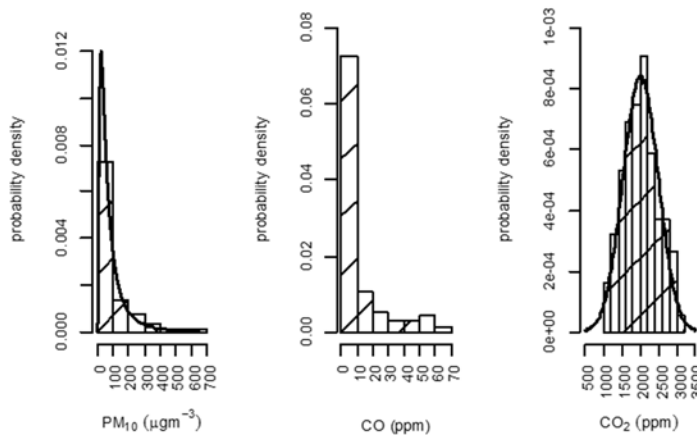
ID		PM ₁₀	CO	CO ₂
Coffee shop	RH	0.41* (0.45*)	0.69* (0.50*)	0.58* (0.63*)
	T	-0.33 (-0.19)	0.12 (0.28)	0.26 (0.17)
Library	RH	0.23 (0.04)	0.12 (0.14)	-0.13 (-0.12)
	T	0.12 (0.22)	-0.27 (-0.26)	0.34 (0.34)

In order to analyze the correlations among the variables at different average times, low but significant correlations ($r < 0.4$) were estimated for the indoor ambient parameters. Correlation coefficients can be seen in Table 2 at different average times. Nevertheless, the dispersion graphics did not show a clear tendency, reason by which a distribution probability of the mean concentration during 15 minutes was fitted (Fig. 5). This period of time was setup based on the WHO regulations for average exposition times of 15 minutes subjected to occur for maximum expositions in the short time, for example, a poor ventilated oven having CO and CO₂ [12]. The PM₁₀ were fitted to a log normal distribution ($\mu=4.0$, $\sigma=0.98$), while the CO was not fitted to any distribution and the CO₂ was fitted to a normal distribution ($\mu=2014.5$, $\sigma=473.8$).

Table 2: Correlations at different mean times in the coffee shop.

Coffee shop	5 min		10 min		15 min		20 min		30 min	
Parameter	T	RH	T	RH	T	RH	T	RH	T	RH
PM ₁₀	-	0.45	-	0.45	-	0.46	-	0.44	-	0.48
	0.3	*	0.38	*	0.38	*	0.37	*	0.35	*
	8*									
CO	-	0.68	0.06	0.68	0.03	0.69	0.05	0.66	0.04	0.71
	0.0	*		*		*		*		*
	5									
CO ₂	-	0.63	0.26	0.61	0.26	0.60	0.24	0.58	0.27	0.59
	0.2	*	*	*	*	*	*	*		*
	5*									

*Value of $p < 0.05$

Figure 5: Histograms and probability distributions of PM₁₀, CO and CO₂ in the coffee shop.

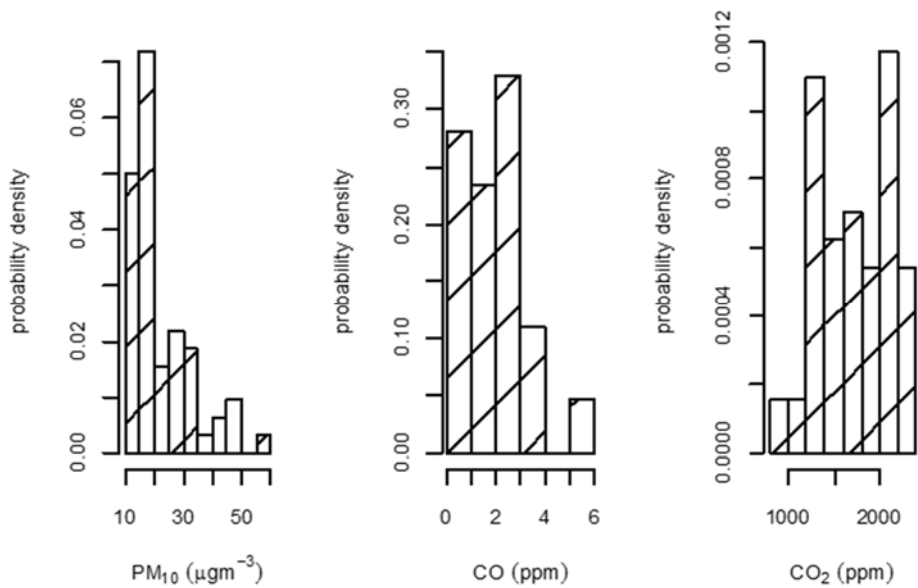


Figure 6: Histograms of PM₁₀, CO and CO₂ in the library.

Unlike bimodal distributions obtained in previous investigations [18], [23], the PM₁₀ concentration distribution, as a function of particle size, was found to exhibit a log normal distribution in this research work.

3.2 Calibration model

The correlation coefficient, between PM₁₀ and particle number of 1 µm ($pn_{1\mu m}$), was observed to be larger for mean values of 10 minutes. This coefficient was computed in 0.98 and 0.93 at the coffee shop and library, respectively. Eqns (3) and (4) show the lineal regression model in order to explain the PM₁₀ average concentration for 10 min as a function of the particle number of 1 µm at the coffee shop and library, respectively.

$$C_PM10 = -34.28273 + 0.02061 * pn_{1\mu m}, \tag{3}$$

$$C_PM10 = -24.02252 + 0.01793 * pn_{1\mu m}. \tag{4}$$

The observed data, the fitted regression models and the predictive intervals for each indoor enclosure can be seen in Figs 7 and 8. Likewise the RMSE statistical values for each model and its comparison with the total average is shown. The RMSE statistical value with the training data was 20.8 at the coffee shop and 4.20 at the library. At this point, it is worth mentioning that such results resulted lower than those RMSE mean values obtained from the test data (21.97 and 4.31 for the coffee shop and library, respectively), indicating that the model was performed properly. However, the coffee shop model overestimated the observed values when the particle number was higher than 12,000.

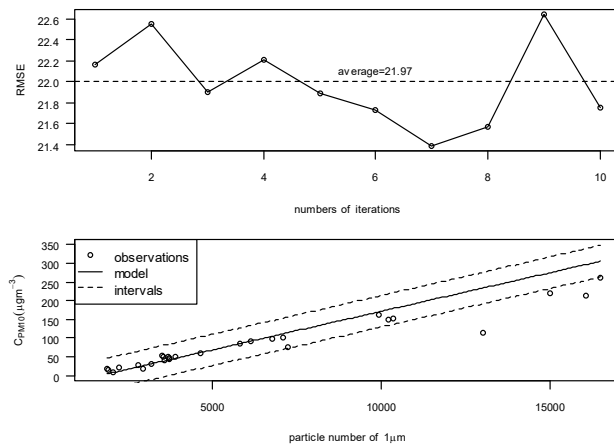


Figure 7: Straight lines of the regression for the coffee shop.

From a previous research work [24], it has been shown that specific variables of categorical type can be reliable for indoor PM₁₀ predictors for both rural and urban regions. In conclusion, they found that cooking activities significantly increased the indoor PM₁₀ concentration, while particle concentration decreased when the windows were opened. In this case, such categorical variables were used as predicting variables in the regression model. Moreover, when the PM₁₀ concentration and outside temperature were included, a value of $R^2 < 0.6$ was computed. In the current work, these categorical variables were not considered. However, other variables like day time and the day of the week allowed to pinpoint the increase of activities at certain hours and days. Nevertheless, these categorical variables did not explain the variation of indoor PM₁₀ levels. Therefore, it is thought that the type of food and the number of persons attending the indoor places at certain hours become an important variable to be considered. In this concern, the application of artificial neuronal network models can also improve its accuracy in comparison with statistical models [25].

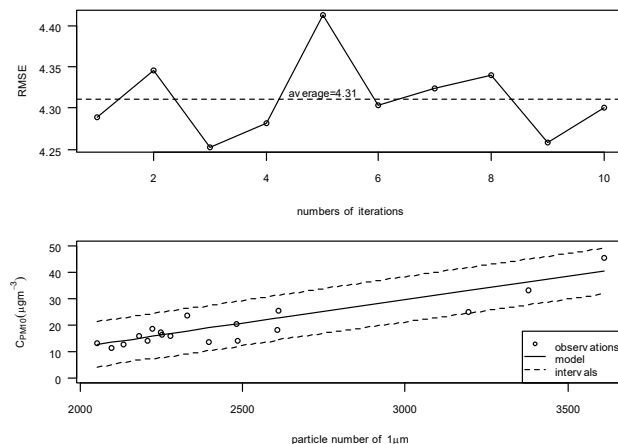


Figure 8: Straight lines of the regression for the library.

4 CONCLUSIONS

The air quality of educational enclosures with high student population has been evaluated. At the coffee shop, the CO levels exceeded the air quality standards established by WHO during the first morning hours when cooking service took place. For both coffee shop and library enclosures, the PM₁₀ concentration levels were satisfactorily modelled. Therefore, the proposed predictive models demonstrated to be effective in order to diminish the number of direct measurements, which are time consuming and costly.

For the studied academic areas, the mean hourly values of CO₂ and temperature exceeded the maximum values recommended by ASHRAE as comfort levels. Concerning the relative humidity in the library, values of 60–90% were recorded exceeding the maximum levels established by ASHRAE. Under similar ambient conditions, the current results revealed that temperature and relative humidity played an important role for bacteria growth in university buildings.

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